

WALTZ BALLONET MIXER

Arranged by Mary and Fred Collette, Atlanta, Georgia

RECORD: Lloyd Shaw Recording, X-76, Music by Fred Bergin

POSITION: Couples stand in a large circle, with L hands joined in front, and M's R holding W's R behind her back. M on the inside of the circle (all facing CCW).

FOOTWORK: All start on the L foot

Measures: There are four bars of introduction.

- 1-4 BALANCE FORWARD; BALANCE BACKWARD; WALK SIX STEPS FORWARD;
Step L forward and arch R; step R backward and arch L; walk forward (stepping first on the ball of the foot), - 6 steps (2 meas.). This footwork pattern continues throughout the dance (always balancing forward on the L and back on the R.)
- 5-8 BALANCE FORWARD; BALANCE BACKWARD; MAN WALKS FORWARD TO NEXT WOMAN;
All balance forward and backward as before; then (releasing L hands) keeping R hands only, M walks forward in 6 steps turning outward at the finish. While the W walks forward 3 steps, and turns CW in place, right face $3/4$ turn on the next 3 steps. They all join hands again with the M facing out and the W in.
- 9-12 BALANCE FORWARD; BALANCE BACKWARD; ROTATE HALF AROUND;
All balance forward on L (M and W stepping away from each other, and straightening out arms); balance backward on the R (arms straight out, once more); then keeping holds with right hands only, couples rotate $1/2$ CW in 6 steps. They join hands in a circle again, with M facing in and W facing out.
- 13-15 BALANCE FORWARD; BALANCE BACKWARD; TAKE NEW PARTNER;
All balance forward and backward as before; then keeping L hands only (releasing R hands), the M takes 3 short steps into the center, and 3 steps out to the girl behind him (stepping to face LOD again,) he assumes skater's back-grasp hold, ready to repeat the entire routine.

We have let the music end on the last measure again. So as soon as the record is started over, you can take a couple of extra balances, and dance the whole thing over if you wish.