

STOP! SMELL THE ROSES

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RECORD: Columbia Hall of Fame #13-53271 (Stop & Smell the Roses, Mac Davis)

NOTE: Measures are very fast count 1,2,3,4;

MEASURES:

INTRO

1-4 WAIT.-2.-; REV LUNGE.- TWIST.-; (M)-, FD. TRN.-; (W)FD. TRN.-;
1-2...CP/wall wait 2 s/c beats; Trn RLOD in L-SCP R fd check,-, twist LOD in SCP,-;
3.....SCP/LOD (hold 1 meas)M fwd L,R on cts -,2,3,-on 2 sharp music notes;
4.....(M hold 1 meas)W fwd R,L on cts 1,2,-,-on 2 sharp music notes brief hold 3,4;

PART I

1-9 FWD.2.3.-; PICKUP.- FWD.2; L PIV.- BK.-; BK.-, BK TRN.-; (CP/Wall)SD.CL.SD.-;
SD.CL.SD.-; BK.-, SD.CL.; Fwd RJO.-, MANUV.-; PIV.-, FWD.-;
1-2...SCP LOD fwd L,R,L,-; Fwd R start Pickup,-, in CP/LOD fwd qk L,R;
3-4...CP/LOD L fwd start Lf piv,-,R bk(W L cl)to CP/RLOD,-; L bk,-,R bk trn,-;
5-6...CP/wall L sd,R cl,L sd,-; Stay CP as R bk diag COH,-,LOD L sd, R cl;
7-8...CP/wall L sd trn Bjo,-,R fwd piv manuv half,-; L bk piv,-,R fwd to CP,-;

PART II

9-16 SCISSORS CUT; SCISSORS IN MANUV; TRN HALF.2.3.-; SD.CL.SD to SCar.-;
1/4 TRN L.-, SD.-; DRAW.CL.CL.-; BK TRN.CL.CL.-; FWD.2.3.-(W trn to OP);
9-10...CP/LOD L sd,R cl to SCar,L XIF diag wall,-; R sd,L cl to Bjo,R XIF diag COH,-;
11-12...CP/wall L,R,L trn two-step to CP/COH,-; Go LOD R sd,L cl,R sd trn SCar,-;
13-14...SCar/LOD L fwd trn 1/4,-,R sd in CP/COH,-; L draw,L cl,R cl,-;
15-16...CP/COH L bk trn 1/4,R cl,L cl,-; CP/LOD fwd R,L,R,-(W RF trn bk, sd, fwd,-to OP);

PART III

17-24 FWD.-, KICK.-; BK.CL.FACE.-; TWISTY.-, HALF.-; L TRN.2.3.-; (CP/COH)
R PAS de BASQUE.-; L PAS de BASQUE.-; TWISTY.-, HALF.-; R TRN.2.3.-; (SCP/LOD)
17-18..OP/LOD L fwd,-,R kick or swing,-; R bk, L cl face ptr, R cl,-;
(STYLE ON KICK: L fwd, lift R knee as toe pt twd floor, straighten R leg LOD,-);
19-20..CP/wall L swd,-,R XIB(W XIF start L trn),-; L fwd trn,R sd,L cl,-(W R bk, sd, cl,-);
21-22..CP/COH twd LOD R swd, L XIF, R recov,-; Twd RLOD L swd, R XIF, L recov,-;
23-24..CP/COH R swd,-, L XIB(W XIF start R trn),-; R fwd trn,L swd,R thru,-(W bk, sd, fwd)
SCP;

PART IV

25-32 FWD.LK.FWD.LK; WALK.-,2.-; SOLO BUZZ TRN.2.3.4; FACE.-, TRN.-;
FWD TWO-STEP; TWO-STEP FACE; SD.XIB.SD/BK.RECOV; FREEZE.-, HOLD.-;
25-26..SCP/LOD L fwd,R lock XIB,L fwd, R lock XIB; Walk fwd L,-,R,-;
27.....Release hands spot trn easy Lf(W RF)Banz full trn step L,R push,L,R push;
28.....Step L(5th ct)to face ptr,-,join hands in OP as R thru twd LOD,-;
29-30..OP/LOD(Samba flavor)L,R,L fwd two-step,-; R,L,R fwd,2,face,-;
31-32..OP/wall qk L swd, R XIB, L swd rock,R recov in place; Leave L toe pointed twd
LOD with "free" arms almost parallel with "free" legs as FREEZE,-,hold,-;

DO FULL DANCE 2nd TIME

NOTE: THIS TIME ONLY the ending "Freeze" music has 2 very strong slow notes.

BRIDGE

(Music continues 4 more very strong slow notes.)

1-2 TWIRL/WALK.-,2.-; (SCP/LOD)WALK.-,2.-;

DO FULL DANCE 3rd TIME ----- REPEAT PARTS THREE AND FOUR -----ACK,