

SLEEP

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RECORD: "Sleep" - Grenn 14162

POSITION: Intro: Diag OP; Dance: CP M fog LOD

FOOTWORK: Opposite; directions for the M except where noted

MEASURES

INTRODUCTION

1-4 WAIT; WAIT; APT,PT,-; TOG(CP LOD),TCH,-;

1-4.In Diag OP wait 2 meas;; Apt twd COH L, pt R twd ptr,-; Tog R to CP M fog LOD, tch L to R,-;

5-8 WALTZ BOX;; PAS DE BASQUE L; PAS DE BASQUE R;

5-6.CP M fog LOD fwd L, side R, cl L to R; Bk R, side L, cl R to L;

7..CP M fog LOD step side L, step R in back of L(WXLIB), step in place L;

8..CP side R, step L in back of R (W XRIB), step in place R;

PART A

1-4 FWD,POINT/TURN,-; CROSS,POINT/TURN,-; TWINKLE OUT; TWINKLE IN;

1..CP M fog LOD step fwd L, pt R to side turning to LOOSE-BJO looking to R,-;

2..Cross R IF twd LOD & COH (W XLIB, point L to side turning to LOOSE-SCAR fog LOD & wall looking to L,-;

3..Fwd L diag LOD & wall, side R to face ptr, close L to R turning to BJO;

4..Fwd R diag LOD & COH, side L to face ptr, close R to L turning to SCAR;

5-8 HOVER; MANUV,SIDE,BACK; BJO PIVOT(to SCP); FWD WALTZ;

5..SCar M fog diag LOD & wall step fwd L (W take long step back R), side R blending to CP fog wall, recover in place on L;

6..CP M fog wall step thru R beginning to maneuver (W short step L), side L twd wall fog RLOD(W steps R between M's feet), bk R in BJO(W fwd L in Bjo);

7..Bjo M fog RLOD bk L, close R to L feet flat for heel turn keeping wt on L heel turning RF to LOD rise transferring wt to R (W maneuver R, side L, brush R to L before stepping fwd R in SCP), fwd L in SCP;

8..SCP fwd LOD waltz fwd R,L,close R to L;

9-12 FWD,2,3/CHECK; FAN/BACK,BACK,BACK/CHECK(PICKUP); L TURN WALTZ; L TURN WALTZ;

9..SCP fwd L, fwd R, fwd L checking fwd motion & bending both knees softly;

10..Still in SCP recover back R while fanning L CCW (W CW), take wt back on L, back R checking bwd motion (W LF turn on L to CP M fog LOD);

11-12.CP M fog LOD do 2 LF turning waltzes down LOD to end in SCP fog LOD;;

13-16 FWD,2,3/CHECK; FAN/BACK,BACK,BACK/CHECK(PICKUP); L TURN WALTZ; L TURN WALTZ;

13-16.Repeat action of Meas 9-12 ending in CP M fog LOD.

PART B

1-4 TURN L,SIDE,DRAW Bjo; R TURNING WALTZ; TURN R,SIDE,DRAW SCar; L TURNING WALTZ;

1..CP M fog LOD fwd L turning ¼ LF to face COH, side R, begin to draw L twd R for a drag hesitation which begins on the 3rd ct of Meas 1 & ends as the L takes wt at the end of the 1st ct of Meas 2 (Note: at this point the L is crossing behind the R & ptrs are turning to LOOSE-BJO (W XRIF) );

2..Continue draw stepping back L & turning RF to LOD (W fwd R maneuvering to CP fog RLOD), side R, close L to R;

3..CP M fog LOD fwd R turning ¼ RF to face wall, side L, begin to draw R twd L for a drag hesitation the R crossing behind the L & ptrs are turning to LOOSE-SCAR (W XLIF);

4..Continue draw stepping back R & turning LF to LOD (W turning LF as she steps fwd L to CP fog RLOD), side L, close R to L;

5-8 PAS DE BASQUE FWD; RECOV BACK,WHEEL,2(Face); SPOT PVOT,2,3; HALF BACK BOX;

5..CP M fog LOD step fwd L, step tog R, step in place L;

6..Recover bk R to BJO, fwd L wheeling RF, fwd R turning to face ptr & RLOD;

7..CP fog RLOD spot cpl pivot L,R,L to face LOD (Note: cpl will be pivoting ½ RF & do not travel down LOD);

8..CP M fog LOD step back R, side L, close R to L;

9-12 TURN,SIDE,BACK; HALF BACK BOX; TURN,SIDE,BACK; HALF BACK BOX;

9..CP M fog LOD fwd L turning LF to face COH, side R continuing turn, step back L to BJO M fog RLOD;

10..Blend to CP fog RLOD as M steps back R, side L, close R to L;

11..CP M fog RLOD fwd L turning LF to face wall, side R continuing turn, step back L to BJO M fog LOD;

12..Blend to CP M fog LOD as M steps back R, side L, close R to L;

13-16 WALTZ BOX;; PAS DE BASQUE L; PAS DE BASQUE R;

13-16.Repeat action of Meas 5-8 of the Introduction.

SEQUENCE: INTRO - AB - AB - ENDING

ENDING

1-3 FWD,POINT/TURN,-; CROSS,POINT/TURN,-; APT,POINT,-;

1-2.Repeat action of Meas 1-2 Part A;;

3..SCAR M fog diag LOD & wall step back twd COH(W bk twd wall) on L, pt R,-;