

SHOULD I QUICKSTEP?  
(Quickstep)

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WRITTEN BY: Lucyan Ziemba and Josephine Coosey.  
RECORD: Windsor No.  
POSITION: INTRO: Diag Open-Facing. DANCE: Diag CP Facing LOD & wall.  
FOOTWORK: Opposite, directions for M except where noted.

INTRODUCTION

WAIT; WAIT; APART,-,POINT,-; TOG(CP fcg LOD & wall),-,TCH,-;

1-2....In diag Open-Fcg M's R & W's L hand joined wait 2 meas;

3.....Step bk apart from ptr L,-,point R twd ptr,-;

4.....Step fwd twd ptr R to diag CP fcg,LOD & wall,-,tch L-;

DANCE - PART A

FWD,-,FWD,-; SIDE,CLOSE,SIDE,-; BACK,-,SIDE,CLOSE; SIDE,CLOSE,SIDE(BJO),-;

1.....Fwd L fcg diag LOD & wall,-, Fwd R trng RF to fac wall,-;

2.....Side L, Close R, Side L trng RF to fac diag wall & RLOD,-;

3.....Back R trng LF to fac wall,-, Side L, Close R(\*Bounce);

4.....Side L, Close R(Bounce), Side L trng LF to fac diag LOD & wall in Bjo,-;

FWD,-,FWD,LOCK; FWD,LOCK,FWD,-; FWD(Manuv),-,SIDE,CLOSE; BACK,-,BACK (Check),-;

5.....Fwd R in Bjo,-, Fwd L, Cross R(Bounce) in back of L(W XIF);

6.....Fwd L, Cross R(Bounce) in back of L(W XIF), Fwd L,-;

7.....Fwd R manuv to CP fcg RLOD,-, Side L, Close R;

8.....Back L,-, Back R(Check),-;

9--12 ROCK FWD,-,RECOVER(Turn),-; SIDE,CLOSE,SIDE,-; BACK,-,SIDE,CLOSE; SIDE,CLOSE,SIDE (BJO),-;

9.....Rock Fwd L in RLOD,-, Rec bk on R trng LF to fac wall,-;

10-12..Repeat meas 2-4;

13-16 FWD,-,FWD,LOCK; FWD,LOCK,FWD,-; FWD(manuv),-,SIDE,CLOSE; BACK,-,BACK (Check),-;

13-16..Repeat measures 5-8;

PART B

FWD,-,SIDE,CLOSE; BACK(Lift),-,FWD(Lift),-; BACK(Lift),-,FWD(Lift),-; SIDE,CLOSE, BACK,-;

17.....Fwd L in RLOD trng LF to fac wall,-, Side R, Close L;

18.....Back R trng LF to fac LOD lifting up and down (feels like a hop without foot leaving the floor),-, Fwd L trng LF to fac COH lifting up and down,-;

19.....Back R trng LF to fac RLOD lifting up and down,-, Fwd L trng LF to fac diag wall & RLOD lifting up and down,-;

20.....Fcg diag wall & RLOD Side R, Close L, Back R,-;

21-24 BACK,-,BACK,-; SIDE,CLOSE,SIDE,-; CLOSE(BJO),-,BACK,CLOSE; FWD,LOCK,FWD,-;

21.....Back L,-, Back R trng LF to fac wall,-;

22.....Side L, Close R, Side L,-;

23.....Close R trng LF to Bjo fcg diag LOD & wall,-, Back L, Close R;

24.....Fwd L, Cross R in back of L(W XIF), Fwd L,-;

25-28 FWD(Manuv),-,SIDE,CLOSE; PIVOT,-,PIVOT,-,PIVOT,-; BACK(BJO),-,BACK,LOCK; BACK,-,BACK (Pivot),-;

25.....Fwd R manuv to CP fcg RLOD,-, Side L, Close R;

26.....Back L pivoting RF to fac LOD,-, Fwd R pivoting RF to fac diag wall and RLOD,-;

27.....Back L to Bjo,-, Back R, Cross L over R(W XIB);

28.....Back R,-, Back L pivoting RF to fac ptr & COH in CP,-;

29-32 SIDE,FWD(BJO),FWD,-; (Fishtail)CROSS,SIDE(Fwd),FWD,CROSS; FWD,-,SIDE,CLOSE; BACK,-, SIDE,CLOSE;

29.....Side R trng RF to fac diag COH & LOD, Fwd L to Bjo, Fwd R,-;

30.....(Fishtail)Cross L behind R trng RF to fac LOD(W XIF), Side and slightly Fwd R trng RF to fac diag LOD & wall, Fwd L, Cross R in back of L(W XIF);

31.....Fwd L,-, Side R, Close L;

32.....Back R,-, Side L, Close R;

ENDING

STEP APART AND ACKNOWLEDGE.

SEQUENCE: INTRO - A - B - A - B - ENDING

\*BOUNCE - When dancing on ball of foot lower heel without heel touching floor.