

RESTFUL

By Chuck & Winnie Gill, Swedesboro, New Jersey

RECORD: Kapp K-210X Roger Williams

POSITION: Open dance position, both facing in LOD, inside hands joined

FOOTWORK: Opposite footwork throughout for M and W, steps described are for the M.

INTRO: Wait two beats, face partner, bow and face LOD.

PART A TWO-STEP; BRUSH; TWO-STEP; BRUSH; ROLL AWAY; ROLL BACK;  
Start on L ft. and take one two-step fwd in LOD; brush R ft. Start on R ft and take one two-step fwd in LOD; brush L ft. M & W separate from each other, M making L face turn starting with L ft and moving L,R,L, brushing R ft M&W both reverse twirl, M starting with R ft and moving R,L,R, brushing L ft. End facing LOD.

Repeat Part A, ending in closed dance position.

PART B TWO-STEP; TWO-STEP; SIDE, BEHIND, SIDE, BRUSH; TWIRL;  
In closed dance pos., take two turning two-steps starting M's L ft and progressing in LOD making one complete R face turn; release M's R arm from W's waist but retain M's L hand with W's R and "grapevine" toward center of hall with M stepping to L side on L, step on R ft across in back of L; step to L side on L, brush R ft., steps back again to R side on R ft., steps on L ft across in back of R, steps again to R side on R ft and brushes L ft as W does R face twirl under M's L arm and her R arm toward COH and L face twirl back toward wall.

Repeat Part B; ending in open dance position, both facing in LOD.

Repeat Part A; end facing LOD.

Repeat Part A; end facing partner.

PART C TAMARA; TAMARA; TWO-STEP; TWO-STEP; FOUR SLOW WALKS;  
M and W two-step fwd. so that R hips are adjacent; M take W's L hand (which is behind her) in his R hand and take W's R hand in his L hand pulling her arm between them forming a window through which he may see her. M drops L hand and both take a turning two-step to M's R and W's L to face partner again; M & W two-step fwd so that R hips are adjacent; W take M's L hand (which is behind him) in her R hand and takes M's R hand in her L hand pulling his arm between them forming a window through which she may see him. W drops R hand and both take a turning two-step to W's R and M's L ending in closed dance position. In closed dance position, take two turning two-steps starting M's L foot and progressing in LOD making one complete R face turn, ending in semi-closed pos. starting with L ft, take four slow walking steps.

Repeat entire dance for a total of two times.

ENDING: At end of dance, Part C, take only two slow walking steps; turn partner under M's L arm and bow.

NOTE: Entire dance is to be done in very slow tempo.