

POLONAISE

By Charlie & Gertrude Tennent, Torrance, California

RECORD: "Polonaise" - Sets in Order 3155
POSITION: INTRO - Diag Open-Facing; DANCE - CP M facing LOD
FOOTWORK: Opposite; directions for M except as noted

MEASURES

INTRODUCTION

1-4 WAIT; WAIT; APART,-,POINT,-; TOGETHER(to CP),-,TOUCH,-;
In Diag Open-Fcg Pos wait 2 meas;; M steps back on L,-,point R twd ptr,-;
Step fwd on R to CP M fcg LOD,-,tch L to R,-.

PART A

1-4 WALK,-,FACE OUT,-; TURN TWO-STEP; TURN TWO-STEP; PIVOT,-,2,-;
In CP fcg LOD walk fwd LOD on L,-, fwd on R turning ¼ RF to face wall,-; Do 2
RF turning two-steps for a full turn;; Do a ¾ cpl pivot L,-,R,- to end in
CP M fcg LOD.

5-8 (Rock)SWD,REC,CROSS,-; SWD,REC,CROSS,-; SWD,REC,CROSS,-; SWD,REC,CROSS,-;
Prog slightly LOD M steps (rocks) swd twd COH on L keeping R in place, recovers
wt on R, crosses L IF (W XIB),-; M steps swd (rocks) twd wall on R keeping L in
place, recovers on L, crosses R IF (W XIB),-; Repeat "rocking-cross" action of
Meas 5 & 6. (Note Meas 5-8 is a rocking action -- not a "Scissors"(swd,cl,cross.)

9-12 WALK,-,FACE OUT,-; SWD,-,THRU,-; SWD,CLOSE,SWD,-; THRU,-,SWD,CLOSE;
Resuming full CP M steps fwd LOD on L,-, turns ¼ RF on R to face wall,-; M
steps swd on L twd LOD,-, thru on R (W XIF also),-; With quicker steps M moves
swd L, close R to L, swd L, hold 1 ct; M steps thru on R (W thru on L),-,
swd L, close R.

13-16 SWD,-,THRU,-; PIVOT,-,2,-; TURN TWO-STEP; TURN TWO-STEP(to Bjo);
A slow swd step on L,-,thru on R,-; Slow full cpl pivot L,-,R,- ending in CP
M fcg wall; Do 2 RF turning two-steps ending in BJO POS M fcg LOD.

PART B

17-20 FWD TWO-STEP; STEP,CL,STEP,FLARE(to SCar); FWD TWO-STEP; STEP,CL,FACE,TCH(CP);
In Bjo Pos fcg LOD M does fwd two-step; Another fwd two-step R,L,R, then M
flares his L quickly around & into SCAR POS M fcg RLOD (W flares her R around &
out turning ½ RF also); Fwd two-step twd RLOD in SCar Pos; Fwd two-step twd
RLOD R,L,R turning on 3rd step to face ptr in CP M's bk to COH, tch L.

21-24 TWIRL TWO-STEP(to L-OP); M WRAP TWO-STEP; (½ RF)WHEEL TWO-STEP;
W ROLL TO SKATERS TWO-STEP;
From CP M fcg wall M turns ¼ RF stepping L,R,L in place (as W twirls R,L,R
under her R & M's L hands for a ¾ RF turn) to end in L-OP fcg RLOD; Keeping M's
L & W's R hands joined (W two-steps across twd COH IF of M turning ½ RF to face
LOD) as M turns ½ LF R,L,R,- moving twd wall into "MAN-WRAPPED POS" joining M's
R & W's L hands IF on top of the other hands; In "WRAPPED" Pos M on outside
fcg LOD ptrs wheel ½ CW with M backing up L,R,L,- to end fcg RLOD; Releasing
M's L & W's R hands M moves twd wall R,L,R,- (as W rolls across IF of M turning
into SKATERS POS fcg RLOD (not Skirt-Skaters).

25-28 LADY UNDER TWO-STEP; FACE TWO-STEP; WHEEL ½ TWO-STEP; SPIN TO CP,2,3,-;
From Skaters Pos fcg RLOD & keeping both hands joined with the L uppermost M
steps L,R,L,- turning ¼ LF to face wall (as W backs twd wall turning ¼ RF
under the joined L hands to end FACING with hands crossed & M's bk to COH);
M steps R,L,R,- in place to complete the facing action; In this crossed arms
FACING POS arms extended ptrs wheel CW ½ turn L,R,L,- ending with M fcg COH;
Releasing both hands M turns ¼ RF stepping place R,L,R,- (as W spins ¾ LF into
CP M fcg LOD);

29-32 FWD TWO-STEP; FWD TWO-STEP; TURN TWO-STEP; TURN TWO-STEP;
In CP do 2 fwd two-steps prog LOD;; Do 2 turning two-steps ending CP M fcg LOD;.

SEQUENCE -- AB - AB - A

ENDING(Last time thru on Meas 15-16) WALK,-,FACE,-; APART,-,POINT,-;
The pivot of Meas 14 ends in SCP fcg LOD. Walk fwd LOD L,-,fwd again on R turn-
ing to face,-; Step apart M's L,-, point R twd ptr,- M's R & W's L hands joined
for standard acknowledgment.