

## "NOLA"

(An original dance developed by Doc and Winifred Alumbaugh, Arcadia, California)

**MUSIC:** "NOLA". Windsor Record No. R-602

**STARTING POSITION:** Couples facing counterclockwise around the room, lady on gent's right, inside hands joined.

**UNLESS OTHERWISE STATED, LADY'S STEPS ARE OPPOSITE FROM MAN'S**

### **PART "A" (Counts 1-16)**

Start L foot, walk forward 4 steps; L-R-L-R (Cts. 1-2-3-4). Tap L toe twice to floor in front (cts. 5-6). Man steps L foot across in back of R while dropping partner's hand (ct. 7) steps to R behind partner on R foot (ct. 8), steps on L foot across and in front of R (ct. 9) joins left hand with partner's right and taps R toe twice to floor in front (cts. 10-11). Lady steps R foot across in back of L (ct. 7) while dropping partner's hand, steps to L in front of partner on L foot (ct. 8), steps R foot across in front of L (ct. 9), joins R hand with man's L at arm's length and taps L toe twice to floor in front (cts. 10-11). Partners have now changed sides. Man steps on R across in back of L (ct. 12), while dropping partner's hand steps to left behind lady on L foot (ct. 13), steps on R across in front of L (ct. 14) and taps L toe twice to floor in front (cts. 15-16). Lady steps on L foot across in back of R (ct. 12), while dropping partner's hand, steps to right in front of partner on right foot (ct. 13), steps on left across in front of R (ct. 14) and taps R toe twice to floor while joining her left hand with partner's right hand (cts. 15-16).

**REPEAT THIS FIGURE**

### **PART "B" (Counts 1-8)**

Starting on L, man walks forward 3 steps, L-R-L, and swings R foot forward and back (cts. 1-2-3-4). Lady makes a progressive full right (clockwise) turn with three steps (R-L-R) and swings L foot forward and back (cts. 1-2-3-4). Lady turns under her own left and the man's right arm. Starting on R foot, man takes three steps backward, R-L-R, and touches L toe beside R foot (cts. 5-6-7-8). Lady makes a progressive 1½ left (counterclockwise) turn with three steps, L-R-L, and touches R toe beside L foot (cts. 5-6-7-8). Lady turns under her own left and the man's right arm and figure ends with partners facing each other with R hips adjacent, gents R arm around lady's waist as in closed dance position used in the Buffalo Glide and Gypsy Wine, man facing counterclockwise and lady facing clockwise.

### **PART "C" (Counts 1-16)**

With R hips adjacent and with gent starting on L foot, walk forward 4 steps (lady backward), L-R-L-R- (cts. 1-2-3-4). Man drops hand from lady's waist but retains her R hand in his L and takes three steps diagonally to his R, L-R-L, and points R toe to floor at R side (cts. 5-6-7-8). Lady crosses over in front of gent with a three step ¾ right (clockwise) turn, R-L-R, and points L toe to floor at L side (cts. 5-6-7-8). Lady makes this turn under her own right and the man's left arm. Repeat action of counts 5 to 8 crossing back original hip-to-hip position on opposite feet and with lady making a left (counterclockwise) turn. (cts. 9-10-11-12). With R hips adjacent man walks forward (lady backwards) starting with L foot, L-R-L-R, (cts. 13-14-15-16).

### **PART "D" (Counts 1-8)**

With R hips adjacent, man rocks forward (lady back on R) on L foot and holds for 1 count (cts. 1-2), then rocks back on R foot (lady forward on L) and holds for 1 count (cts. 3-4). Starting on man's L foot (partners walk one turn around with four steps, L-R-L-R (cts. 5-6-7-8). On last steps, partners release each other from current position, face counterclockwise and join inside hands, ready to repeat the dance.

**REPEAT ENTIRE DANCE FOR TOTAL OF FIVE TIMES**