

PRESENTS DANCE INSTRUCTIONS FOR  
\* "JIFFY MIXER"

*(Round Dance — Mixer)*

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Dance composed by JERRY & KATHY HELT, Cincinnati, Ohio  
Windsor No. 4684 Music by THE PETE LOFTHOUSE BAND

STARTING POSITION: Butterfly pos, M's back twd COH

FOOTWORK: Opposite throughout the dance, steps described are for the M

Meas. INTRO

- 1-4 WAIT; WAIT; BAL APART, TOUCH; BAL TOGLTHLR, TOUCH;  
Wait 2 meas; bal bwd twd COH on L ft, touch R toe beside L ft; bal fwd twd wall and partner  
on R ft, touch L toe beside R ft;

DANCE

- 1-4 HEEL, TOE; HEEL, TOE; SIDE, CLOSE; SIDE, TOUCH;  
In Butterfly pos, strike L heel to floor fwd and twd L side, touch L toe beside R ft; repeat; step  
to L side in LOD on L ft, close R ft to L taking wgt on R; step again to L side in LOD on L ft,  
touch R toe to floor beside L ft keeping wgt on L;
- 5-8 HEEL, TOE; HEEL, TOE; SIDE, CLOSE; SIDE, TOUCH;  
Repeat action of Meas. 1-5 starting R ft and moving in RLCD;
- 9-12 CHUG, CLAP; CHUG, CLAP; CHUG, CLAP; CHUG, CLAP;  
Releasing hands, partners do four "Chugs" away from each other with weight on both feet, M  
moving bwd twd COH and W moving bwd twd wall, clapping hands on the upbeat of the music  
following each Chug;
- 13-16 WALK TO THE RIGHT, -; TWO, -; THREE, -; FOUR, - (to Butterfly);  
Start L ft and take four slow, swaggering steps fwd and diag to R, progressing to new partner,  
ending in Butterfly pos, M's back twd COH, ready to repeat the dance;

PERFORM ENTIRE ROUTINE FOR A TOTAL OF EIGHT TIMES  
ENDING WITH NEW PARTNERS BOWING AT THE FINISH OF  
THE EIGHTH SEQUENCE

Note: "Jiffy Mixer" is also enjoyable to dance, especially for youngsters, in a single circle, all facing  
in with hands joined, all using the same footwork (starting with L ft), but not progressing to a new  
partner with each cycle of the dance.