

THE POET AND I (Slow to 43 rpm)

COMPOSERS: Ray & Anne Brown, 10975 E. Berry Ave, Englewood, Co, 80111 Ph. 303-779-0820
 RECORD: The Poet and I - Frank Mills Orchestra - Polydor - PD 14517
 FOOTWORK: Opposite throughout, directions for Man
 SEQUENCE: Intro,A,B,C,Int,A,B,C,Int,A,Ending

MEASURES

INTRODUCTION

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|-------|-----------------------|---|
| 1 - 2 | WAIT - WAIT | In OP Fcg Pos, Wait 2 Meas |
| 3 - 4 | APT PT - TOG TCH | Stp Apt L, Pt R twd Ptnr; Tog on R, Tch L to R; |
| 5 - 6 | WALTZ BOX | CP/Wall Stp Fwd L, Sd R, C1 L to R; Stp Bk R, Sd L, C1 R to L; |
| 7 - 8 | DIP BK - RECOVER 3FLY | Dip back COH L,_,_; Rec R to Bfly,_,_; |

PART A

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|--------|------------------------|--|
| 1 - 2 | WALTZ AWAY & TOGETHER | Waltz Fwd & slightly away from Ptnr L, Fwd R, C1 L to R; Waltz Fwd twd ptnr R, Sd L, C1 R to L(Bfly/Wall); |
| 3 - 4 | BALANCE L & R | Sd L, XRIBL(WXLIBR),Recl; Sd R,XLIBR(WXRIBL).Rec R; |
| 5 - 6 | SOLO ROLL 6 | Solo Roll LF(WRF) Si L trn 1/4LF, and cont roll LF 1/4 on R, bk L to face RLOD in LOP; Cont solo roll bk R LOD trng LF to fac ptnr, Sd L two LOD, C1 R to L; |
| 7 - 8 | CANTER - CANTER | Bfly Sd (LOD) L, Draw R to L, C1 R; Repeat; |
| 9 - 16 | Repeat Meas 1-8 Part A | |

PART B

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|--------|--|--|
| 1 - 2 | STEP SWING-SPIN MANUEVER | Stp Fwd L in ROP, Swing R Fwd,_,_ ; M Manu (R,L,R;) to Face RLOD (W spin LF to CP/RLOD); |
| 3 - 4 | 2 RF TURNS | In CP do two RF turning waltzes - L,R,L; R,L,R; (End CP/Wall) |
| 5 - 8 | LF TURNING BOX | Fwd L trng LF 1/2(to LOD), Sd R, C1 L to R; Bk R trng LF 1/2(to COH), Sd L, C1 R to L; Fwd L trng LF 1/2 (To RLOD), Sd R, C1 L to R; Bk R trng LF 1/2 (to Wall), Sd L, C1 R to L(End Bfly/Wall); |
| 9 - 16 | Repeat Meas 1-8 Part B (End Bfly/Wall) | |

PART C

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|--------|--|---|
| 1 - 2 | VINE TWIRL-THRU,FACE,CLOSE | Bfly Sd L(LOD), XRIB, Sd L(W RF twirl R,L,R;) Step Thru LOD R, Sd (LOD) L, C1 R to L; |
| 3 - 4 | TWINKLE THRU REVERSE TWINKLE THRU TO FACE | Thru(RLOD) L, Fwd R trng 1/2 LF(WRF) to LOD, C1 L To R; thru (LOD) R, Fwd L trng 1/2 RF(WLF) to CP/Wall, C1 R to L; |
| 5 - 6 | STEP TOUCH BACK TURNING 1/2 BOX | CP/Wall Fwd L, Tch R to L,_,_ ; Bk R trng LF 1/2, Sd L, C1 R to L(End CP/LOD); |
| 7 - 8 | STEP TOUCH BACK TURNING 1/2 BOX | Fwd L to LOD, Tch R to L,_,_ ; Bk R trng LF 1/2, Sd L, C1 R to L(End CP/COH) |
| 9 - 16 | Repeat Meas 1-8 Part C to RLOD (End Meas 12 CP/COH - on Meas 13 Stp Tch twd COH, end trng 1/2 box Meas 14 CP/RLOD. Meas 15 std tch to RLOD, end Meas 16 CP/Wall) | |

INTERLUDE *

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|-------|----------------------------|---|
| 1 - 2 | 1/2 BOX - THRU FACE CLOSE | Fwd L(to Wall), Sd R, C1 L to R; Stp thru LOD XRIFL (WXLIFR), Sd L, C1 R to L; |
| 3 - 4 | 1/2 BOX - THRU FAN TO BFLY | Fwd L(to Wall), Sd R, C1 L to R; Stp thru LOD XRIFL (WXLIFR), Fan L CW (WCCW),_,_(EndBfly/Wall) |

ENDING

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|-------|----------------------------|--|
| 1 - 2 | STEP SWING-SPIN MANUEVER | Stp Fwd L in ROP, Swing R Fwd,_,_ ; M Manu (R,L,R;) to Face RLOD (W spin LF to CP/RLOD); |
| 3 - 4 | 2 RF TURNS | In CP do two RF turning waltzes L,R,L; R,L,R; (End Bfly/Wall) |
| 5 - 6 | VINE TWIRL-THRU,FACE,CLOSE | Bfly Sd L (LOD), XRIB, Sd L(W RF twirl R,L,R;) Step Thru LOD R, Sd (LOD) L, C1 R to L; |
| 7 - 8 | DIP CENTER - TWIST - KISS | Dip back COH on L, Hold, Hold; Twist LF slightly, Hold, Kiss; |

* The music for the interlude slows down somewhat. The fan should not be rushed but should finish in Bfly just in time to Waltz away.