

YOU ALWAYS HURT THE ONE YOU LOVE

SHOWN & TAUGHT BY - LEVERNE & DORIS REILLY

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RECORD: TDR #145

FOOTWORK: Opposite throughout except where noted.

MEAS.

INTRODUCTION

1-4 WAIT; WAIT; APART, POINT,-; TOGETHER, TOUCH,-;

(1-2) In Open pos wait 2 measures;;

(3-4) Step apart L, pt R,-; step tog R to scp, tch L to R,-;

PART A

1-4 FWD WALTZ (to half open pos); FWD,2,3(W across to L half OP);(TWINKLE)CROSS,SIDE,
CLOSE(W fwd waltz)TO BJO RLOD;FWD CHECK,BEHIND, SIDE;

(1)Blend to 1/2 OP waltz fwd LOD L,R,L;

(2)M waltz fwd small steps R,L,R(Wroll LF XIF of M) to L 1/2 OP facing LOD;

(3)M twinkle cross L,side R,close L to R(W fwd waltz R,L,R)to bjo pos facing RLOD;

(4)In bjo pos fwd R check,cross L behind R, side R to COH(W bk L check,XRIF, side L to COH);

5-8 FWD,LOCK,FWD; FWD WALTZ(CHECK); BWD WALTZ (W twinkle);FWD 2,3 (W ACROSS TO 1/2 OP);

(5)In bjo pos step fwd L, lock R behind, fwd L(W step bwd R, lock LIF, bk R);

(6)M fwd waltz R,L,R(W bk L,R,L)check;

(7)M bwd waltz L,R,L(W twinkle cross,side,close)to 1/2 OP fcg RLOD;

(8)Repeat meas 2 except fc RLOD;

9-12 (TWINKLE)CROSS,SIDE,CLOSE(W FWD WALTZ); FWD CHECK,BEHIND,SIDE: FWD,LOCK,FWD;

(FEATHER)FWD,2,3(TO CP);

(9)Repeat meas 3 except fcg LOD;

(10)Repeat meas 4 except fcg LOD;

(11)Repeat meas 5 except fcg LOD;

(12)Fwd small steps R,L,R(W feather to CP)M fcg LOD;

13-16 (TELEMARK)FWD,TURN,FWD(SCP FACING WALL); PICKUP(CP M FCG WALL);

(TIGHT WHISK) FWD,SIDE,HOOK BEHIND; THRU,FWD, CLOSE (OP);

(13)CP M fcg LOD telemark step fwd L commencing LF turn,side R continue LF turn, side & fwd L(W step bk R close L to R with heel turn LF, fwd R to wall)end scp fcg wall;

(14)Step almost in place R,L,R pickup W to CP M fcg wall;

(15)Do a tight whisk fwd L to wall,side R, hook L behind R rising on ball of foot (W bk R, side L, hook R behind L);

(16)Step thru to LOD on R belending to OP, fwd L, close R to L;

PART B

1-4 FWD WALTZ; FWD LIFT,-; FWD, POINT,-; SPIN MANUV, 2,3(CP);

(1)In OP fcg LOD fwd waltz L,R,L;

(2)Step fwd R, lift L fwd, hold;

(3)Step fwd L sli ght diag LOD & COH, pt R fwd, hold;

(4)Spin W LF as M manuv to CP fcg RLOD;

5-8 SPIN TURN; BK,SIDE, CLOSE; LEFT TURNING WALTZ; LEFT TURNING WALTZ;

(5)Bk L pivoting 1/2 RF, fwd R rising to ball of ft, bk L(W fwd R pivoting 1/2 RF, bk L, fwd R) CP M fcg LOD;

(6)Bk R to RLOD, side L, close R to L;

(7-8)In CP do 2 LF turning waltzes L,R,L; R,L,R to SCP fcg LOD;

9-12 FWD WALTZ, WEAVE,2,3: 4,5,6 (TO BJO); MANUV, 2, 3;

(9)Sep waltz fwd L,R,L to LOD;

(10-11)(Weave) thru R commence LF turn, fwd L turn LF,side & bk R to COH & LOD(CP). (W thru L, side & bk R RLOD & COH fc M CP, side & slightly fwd L); Blend to contra bjo bk L COH & LOD, side & bk R COH & LOD blend CP commence LF turn, side & fwd L to wall & LOD contra bjo;

(12)Manuv fwd R turn RF, side L LOD & wall, close R to L(CP RLOD);

13-16 (R) TURNING WALTZ; (R) TURNING WALTZ; CANTER, DRAW, CLOSE; CANTER, DRAW, CLOSE;

(13-14) CP fcg RLOD do two RF turning waltzes L,R,L; R,L,R;(to CP M fcg wall)

(15) Step sd L to LOD, draw,R to L, close R to L (take wgt);

(16)Repeat meas 15 blend to SC P to repeat dance

SEQUENCE: INTRO - A - B - A - B - Through Meas 15

TAG: STEP APART L, POINT R to PARTNER (W Apart R Pt L)