

WITH A SONG IN MY HEART

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Music : Azzurra TBP-SOC003 CD Track 5 e-mail : d-doi@tcp-ip.or.jp
available from choreographer on MP3 file [free] or MD [at cost]
Sequence : INTRO - DANCE - DANCE (mod) **Speed** : 45
Rhythm : Rumba Phase V + 2 **Footwork** : Opposite except where noted
Timing : QQS unless noted by side of measure **Release Date** : Jan, 2004 Ver. 1.0

INTRO

1 - 4 WAIT;; LUNGE & SIT LINE REC SD; SPOT TRN;

- 1-2 {Wait} LOP Fcg Pos fc Wall lead ft free wait 2 meas;;
3 {Lunge & Sit Line Recover Side} Flex R knee slide L sd & bk raise R hnd up & bk, straighten R knee draw L to R, sd L,- (W sm bk R flex R knee L extended fwd raise L hnd straight up, rising on R rec L, sd R,-) release jnd lead hnds;
4 {Spot Turn} XRIF trn 3/4 LF (W XLIF trn 3/4 RF), rec L cont trn to fc ptr, sd R jn R-R hnds,-;

DANCE

1 - 8 FLIRT;; SWEETHEART 2X W TRN L TO FC;; SPOT TRN; UNDERARM TRN; LARIAT HALF M TRN L; FENCE LINE;

- 1-2 {Flirt} Fwd L, Rec R, sm sd L,- (W bk R, rec L, fwd R trn 1/2 LF,-) end Valsouvienne Pos; bk R, rec L, sd R,- (W bk L, rec R, sd L,-) end Left Valsouvienne Pos;
3 {Sweetheart Twice} Keep hnds jnd fwd L with right sd lead into contra chk like action, rec R, sd L,- (W bk R with left sd lead into contra chk like action, rec L, sd R,-) end Valsouvienne Pos;
4 {W Turn Left To Face} Repeat meas 3 on opposite foot (W on last step sd L trn LF to fc ptr);
5 {Spot Turn} Repeat meas 4 Intro on opposite foot;
6 {Underarm Turn} XRIB, rec L, sd R,- (W XLIF trn 3/4 RF under jnd lead hnds, rec R cont trn to fc ptr, sd & fwd L to M's right sd,-) end LOP Fcg Wall;
7 {Lariat Half M Turn Left} Sd L, rec R, rec L trn 1/2 LF to fc COH,- (W circle M CW with jnd lead hnds fwd R, L, R trn RF to fc ptr,-) blend to Bfly;
8 {Fence Line} Cross lunge thru R bend knee look RLOD, rec L trn to fc ptr, sd R blend to CP,-;

9 - 16 CROSS BASIC;; CIRCULAR HIP TWIST;; FAN; STOP & GO HOCKEY STICK;;

- 9-10 {Cross Basic} XLIF flex knee comm trn 1/4 LF, rec R cont trn to fc RLOD, sd L,-; XRIB flex knee comm trn LF, rec L cont trn to fc Wall, sd R,- end CP Wall;
11-13 {Circular Hip Twist} Fwd L with body trn RF lead W to open out, rec R to fc Wall, XLIB lead W to swivel RF,- (W swivel 1/2 RF on L bk R, rec L trn 5/8 LF, fwd R outsd ptr swivel 1/2 RF,-) end V-Shape M fc Wall W fc DLW; comm trn LF sd & bk R lead W to swivel LF, cont trn XLIB lead W to swivel RF, cont trn sd & bk R lead W to swivel LF,- (W fwd L swivel 1/2 LF, fwd R swivel 1/8 RF, fwd L swivel 1/2 LF,-) end V-Shape M fc DRC W fc Wall; cont trn XLIB lead W to swivel RF, cont trn sd & bk R lead W to swivel LF, cl L,- (W fwd R swivel 1/8 RF, fwd L swivel 5/8 LF to fc ptr, fwd R to M's right sd,-) end CP Wall;
14 {Fan} Bk R lead W to swivel RF, rec L, sd R,- (W swivel 1/4 RF fwd L twd LOD, fwd R trn 1/2 LF, sd & bk L,-) end Fan Pos M fc Wall;
15-16 {Stop & Go Hockey Stick} Fwd L, rec R raise jnd lead hnds lead W to rev twirl, cl L,-; chk fwd R with left sd stretch shaping to ptr place R hnd on W's left shoulder blade to chk her movement, rec L raise lead hnds to lead W to twirl, sd R,- (W cl R, fwd L, fwd R trn 1/2 LF under jnd lead hnds to end at M's right sd,-; chk bk L, rec R, fwd L trn 1/2 RF under jnd lead hnds to fc ptr,-) end Fan Pos M fc Wall;

17 - 24 HCKY STICK W OVRTRND TO FIGUREHEAD;; W FWD SWIVEL TO ALEMANA;;

FWD W DEVELOPE; REC SYNCO SD WALKS; OPEN HIP TWIST; FAN TO FC;

- 17-18 {Hockey Stick W Overturned To Figurehead} Fwd L, rec R, cl L raise jnd lead hnds across IF of his forehead to lead W to prepare for spiral,-; bk R, rec L, fwd R follow W,-
(W cl R, fwd L, fwd R,-; fwd L, fwd R spiral LF I full trn under jnd lead hnds, cont trn fwd L raise L hnd up,-) end Figurehead Pos M behind W fc DRW;
- 19-20 {W Forward Swivel To Alemana} Fwd L, rec R, cl L,-; bk R, rec L trn LF to fc Wall, sd R,-
(W fwd R swivel 1/2 RF to fc ptr, fwd L, fwd R,-; XLIF twd LOD comm trn RF, cont trn under jnd lead hnds fwd R twd DRW, cont trn to fc ptr sd L,-) end CP Wall;
- 21 {Forward W Develope} Fwd L outsd ptr twd DRW chkg,-,- (W bk R, bring L ft up to inside of R knee, extend L ft fwd,-) end CP DRW;
- QQ&QQ 22 {Recover Syncopated Side Walks} Rec R trn to fc Wall, sd L/cl R, sd L, cl R end CP Wall;
- 23 {Open Hip Twist} Release trail hnds fwd L, rec R, cl L,- (W bk R, rec L, fwd R twd M with tention to R arm to swivel 1/4 RF,-) end "L" shape M fc Wall W fc LOD;
- 24 {Fan To Face} Bk R, rec L trn 1/4 LF to fc LOD, sd R (W fwd L, fwd R trn 1/2 LF, sd & bk R) end LOP Fcg LOD,-;

25 - 32 CIRCULAR THREE ALEMANAS;;; 3 CUDDLES;;; SPOT TRN;

- 25-28 {Circular Three Alemanas} Fwd L, rec R, comm trn RF sd & fwd L raise lead hnds up palm to palm,- (W bk R, rec L, comm trn RF fwd R to M,-) end LOP Fcg DLW;
Cont trn XRIB, cont trn sd L, cont trn XRIF,- (W cont trn fwd L twd DLC, cont trn under jnd lead hnds fwd R twd Wall, cont trn fwd L twd DRC swivel 3/8 RF on L,-) end LOP Fcg RLOD;
Cont trn sd L, cont trn XRIB, cont trn sd L,- (W swivel 1/4 LF on L fwd R twd COH, swivel 5/8 LF on R fwd L twd DLW, swivel 5/8 LF on L fwd R twd RLOD,-) end LOP Fcg LOD;
Cont trn XRIF, cont trn sd L to fc Wall, cl R,- (W swivel 1/4 RF on R fwd L twd COH, swivel 1/2 RF on L fwd R twd Wall, swivel 1/2 RF on R fwd L,-) end CP Wall;
- 29-31 {3 Cuddles} Sd L with left sd stretch lead W to open out, rec R, cl L with right sd stretch lead W to fc M,- (W swivel 1/2 RF on L bk R with right sd stretch free arm out to sd, rec L with left sd stretch comm trn 1/2 LF, sd & fwd R with left sd stretch cont trn to fc ptr,-) end Cuddle Pos;
Repeat meas 29 on opposite foot ; Repeat meas 29 except M's last step is sd L instead of cl L;
- 32 {Spot Turn} Repeat meas 4 Intro;

DANCE (mod)

1 - 32 DANCE MEAS 1 THRU 31;:~::~: SPOT TRN TO R LUNGE;

- 1-31 Repeat Dance meas 1-31;:~::~:
- 32 {Spot Turn To Right Lunge} XRIF trn 3/4 LF (W XLIF trn 3/4 RF), rec L cont trn to fc ptr blend to CP, flex L knee pt R sd & fwd shift wgt to R flex R knee slight body trn left look at ptr (W look well left) as music fade out,-;