

# WALTZ NATASHA

May 1991

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Record: Telemark 937-A "NATASHA" - flip "BICYCLES OF BELSIZE" release date July 91

Sequence: INTRO - A - B - C - B - ENDING Phase VI Waltz

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## INTRODUCTION

- 1 - 4 OPEN FCG DW;REVERSE TWIRL TO BOLERO BJO;SYNCOPATED WHEEL;MANUVER;**
- 1 - In OP fcg pos DW lead hands jnd wgt on L with R ptd sd RDW wait;
  - 2 - Fwd R DW small step,-,(W fwd L twirl LF,R,L)to Bolero Bjo wall;
  - 3 - (1&2&3) Wheel RF L/R,L/R on toes,fwd L DW lowering;
  - 4 - Fwd R DW in Bjo trng RF,sd L,cl R blending to CP RLOD;

## PART - A

- 1 - 4 RIGHT CHASSE PIVOT TRANSITION TO MODIFIED HALF OPEN;;FENCING LINE;  
LADY ROLL TO SHADOW;**
- 1 - (12&3) Bk L LOD,trng RF sml sd R/cl L,sd & fwd R LOD pivot RF to CP RLOD;
  - 2 - Bk L trng RF,sd & fwd R DC,-(W pivot RF R,L,sd & fwd R DC)end in modified half open M's R hand to W's L forearm both looking DC;
  - 3 - Same footwork lower with strong Xing action fwd L DC free arm out to RDW(W's free arm out to DC);
  - 4 - Recov R,sd L RLOD,cl R(W recov R trng LF,roll L,R)to fce COH in tandem;
- 5 - 8 SWAY LEFT;SIDE ROCK 3;HOVER TRANSITION BJO;TRNG HOVER SEMI;**
- 5 - With hands at W's waist sd L RLOD & sway L with stretch;
  - 6 - With hands at waist rock side R LOD,L RLOD,R LOD;
  - 7 - Sd L RLOD stretching & trng to fce RDC releasing hold,-(W sd L RLOD trng LF rising,small sd R still trng to fce DW),recov bk R(W fwd L)Bjo fcg RDC;
  - 8 - Bk L trng RF,fwd R between W's feet to CP rising(W sd L across M),fwd L DC in SCP;
- 9 - 12 PICK UP DOUBLE LOCK;OPEN TELEMAR;HOVER BJO;CHECK BACK & QUICK WING;**
- 9 - (12&3&) Thru R,fwd L/lk RIB,fwd L/lk RIB(W thru L trng LF blend to Bjo,sd & bk R/lk LIF,bk R/lk LIF);
  - 10 - Fwd L DC blending to CP,trng LF sd R DC(W heel trn),sd & fwd L DW to SCP;
  - 11 - Thru R,sd & fwd L rising & trng W LF,recov R to Bjo fcg LOD;
  - 12 - (12&3) Check bk L in Bjo,fwd R,trng LF tch L(W check fwd R,bk L/sd R,fwd L on toes trng body LF to stay square with M)end SCAR fcg DC;
- 13 - 16 CLOSED TELEMAR;MANUVER;SPIN TURN;BACK,SIDE,CLOSE;**
- 13 - Fwd L DC,trng LF sd R DC(W heel trn),sd & fwd L DW to Bjo;
  - 14 - Fwd R DW trng RF,sd L,cl R to CP fcg RLOD;
  - 15 - Bk L cpl pivot RF,fwd R heel to toe trng to fce DW(W rising brush R), sd & bk L RDC(W fwd R between M's feet)
  - 16 - Bk R RDC,trng LF sd L toe pointing DC,cl R in CP DC;

## PART - B

- 1 - 4 OPEN TELEMAR;CHAIR(SWIVEL) & SLIP;CHECKED REVERSE & SLIP;DOUBLE NATURAL;**
- 1 - Fwd L DC,trng LF sd R DC(W heel trn),sd & fwd L DW to SCP;
  - 2 - Thru R lowering with fwd action(W thru L swivel LF),recov L in Bjo rising small step bk R blending to CP lowering to fce DC;
  - 3 - Fwd L,trng LF sd & fwd R DC on toes R side leading head to R checking(W bk R ,trng LF sd L head to L), lowering recov L trng RF to CP DW;
  - 4 - Fwd R DW, trng RF sd L across W, spin RF on L(W bk L,cl R heel trn/fwd L, R around M)to end in Bjo LOD;

- 5 - 8 SEMI CHASSE;WEAVE 6 TO SEMI;;RF TWIRL TO LOP FCG;**  
 5 - (12&3) Fwd R in Bjo trng to SCP DC, sd & fwd L/cl R, fwd L in SCP;  
 6 - Thru R DC, blending to CP fwd L DC trng LF, sd & bk R LOD;  
 7 - Bk L LOD in C/Bjo, sd & bk R blending to CP, trng LF sd & fwd L DW in SCP;  
 8 - Thru R, fwd L, fwd R(W thru L, twirl RF R, L to fce M) to end in open fcg ptr DW lead hands jnd;
- 9 - 12 LADY DEVELOPE;REVERSE TWIRL BOLERO BJO;SYNCO WHEEL;MANUVER;**  
 9 - Bk L, pt R sd, -(W bk R, developpe L, -);  
 10 - Fwd R DW, -, -(W fwd L twirl LF, R, L) to Bolero Bjo wall;  
 11 - (1&2&3) Wheel RF on toes L/R, L/R, fwd L DW lowering;  
 12 - Fwd R DW trng RF, sd L, cl R blending to CP RLOD;
- 13 - 16 OPEN IMPETUS;OPEN NATURAL;OPEN IMPETUS;THRU & CHASSE BJO;**  
 13 - Bk L LOD in CP, cl R for heel turn(W sd L arnd M), fwd L LOD in SCP;  
 14 - Fwd R trng RF, sd L DW, bk R(W fwd L, R, L) to Bjo fcg RLOD;  
 15 - Bk L LOD in Bjo, cl R for heel turn(W sd L arnd M), fwd L LOD in SCP;  
 16 - (12&3) Thru R, sd & fwd L/cl R, fwd L(W thru L trng LF, sd & bk R/cl L, bk R) blending to Bjo DW;

### PART - C

- 1 - 4 MANUVER;SPIN & LEFT TURNING LOCK TO SEMI;;DOUBLE WING RDC;**  
 1 - Fwd R DW trng RF, sd L, cl R to CP fcg RLOD;  
 2 - Bk L pivot RF, fwd R heel to toe trng to fce RDW(W rising brush R), sd & bk L(W fwd R between M's feet);  
 3 - (1&23) Bk R DC to Bjo/lk LIF(RIB), bk R to CP, trng LF sd & fwd L to SCP LOD;  
 4 - (1&2&3) Thru R, trn on R to fce RDC, tch L(W thru L/fwd R, L/R, L around M) to SCAR RDC;
- 5 - 8 CHECK,RECOVER,SIDE BJO;MANUVER;PIVOT TO A HAIRPIN;BACK CHASSE;**  
 5 - Fwd L RDC in SCAR, recov R trng LF, sd & fwd L Bjo DW;  
 6 - Fwd R DW trng RF, sd L, cl R to CP fcg RLOD;  
 7 - (12&3) Bk L LOD pivot RF, fwd R LOD between W's feet still trng RF/fwd L wall to contra, fwd R RDW to Bjo;  
 8 - (12&3) Bk L DC in Bjo, sd & bk R/cl L, bk R;
- 9 - 12 OUTSIDE CHANGE SEMI;THRU TO THROWAWAY OVERSWAY;;HIGH LINE;**  
 9 - Bk L DC in Bjo, bk R to CP, trng to SCP fwd L DW;  
 10 - Thru R DW, sd & fwd L cont trn to fce DW, start to lower on L with R extended bk (W thru L, sd & fwd R trng LF, to CP stretch L bk DW);  
 11 - Continue to lower on L stretch L side sway & head to R(W lower on R with L extended DW stretch R side sway & head to L), -, -;  
 12 - Rise on L trng W to tight SCP LOD both stretch upwards, -, trng slightly LF to C/Bjo losing stretch bk R RLOD(W fwd L);
- 13 - 16 BACK HOVER IN BJO;MANUVER;FALLAWAY WHISK;WING;**  
 13 - bk L RLOD in Bjo, sd & bk R rising, fwd L C/Bjo DW;  
 14 - Fwd R Bjo DW trng RF, sd L, cl R to CP fcg RLOD;  
 15 - Bk L LOD, trng RF sd & bk R, XLIB(W fwd R, trng RF sd & fwd L across M, XRIB) to SCP DC;  
 16 - Fwd R, draw L to R body trng LF, -(W fwd R, L trng body LF to stay square with M head trng to the L rising to toes) end in SCAR fcg DC;

### ENDING

- 1 - 4 MANUVER;RIGHT PIVOT TRANSITION TO MODIFIED HALF OPEN;FENCING LINE;HOLD**  
 1 - Fwd R DW trng RF, sd L, cl R to CP fcg RLOD;  
 2 & 3 - Repeat Part A measures 2 & 3;;hold;